

Wednesdays are changing...



From 1st April 2020 our Wellbeing Centre
will become

Women Only Wednesday

Feeling safe is important. We are creating a safer and supportive space for all who identify as female to access support with their mental health and wellbeing.

You can refer yourself to us on our website please visit www.rochdalemind.org.uk/refer or phone our information line on 01706 752 338 and we will post a referral form out to you.

The Mind Wellbeing Centre
3-11 Drake Street
Rochdale
OL16 1RE



 @RochdaleMind  Rochdale and District Mind  @RochdaleMindCharity  rochdalemind.org.uk