

Menu

BREAKFAST (served all day)

Full Breakfast	5.00
2 rashers of bacon, 2 sausages, 2 eggs, beans, tomato, mushrooms and 2 slices of toast.	
Vegan Breakfast (ve)	4.70
2 vegan slices of bacon, 2 vegan sausages, beans, tomatoes, mushrooms and 2 slices of toast.	Add egg 30p
Light Breakfast	3.60
1 rasher of bacon, 1 sausage, 1 egg, beans and 1 slices of toast.	
Healthy Breakfast	3.20
Poached egg, avocado & spinach on toast.	
3 Egg Omelette	3.20
M'rooms/Cheese/Peppers/Spinach (v)	30p each
Chicken	50p each
Bacon or Sausage Sandwich	3.00
Can be made vegan on request.	
Eggs on Toast (v)	2.50
2 Eggs - Poached/Fried/Scrambled	
Beans on Toast	2.50
Simple and tasty.	Add egg 30p

Please see our specials board

2 Pancakes	3.60
Can be made vegan on request. Bacon and Maple Syrup Fruit - Mango/Berries	
Porridge	2.50
Can be made vegan on request. Add an optional topping of Syrup, Fruit or Cinnamon	
Toasted Teacake, Crumpet or Bagel	1.50
2 Slices of Toast & Butter	1.00
	Add jam for 50p

*Milk alternatives available for butter, porridge & pancakes (ve) please ask a member of staff



By visiting our cafe you're helping to make a difference. All profits from this cafe help to support the mental health & emotional wellbeing of our communities.

Menu

LUNCH (served from 11am)

Cheese & Onion Pie (v) 3.20

Freshly baked with cheddar cheese and sauted onions in a handmade shortcrust pastry.

Pan-Fried Vegetable Noodles (ve) 4.00

Peppers, M'rooms & Onion in a stir-fry sauce with noodles. add chicken 1.50

Chicken Lasagne (h) 4.00

Rich and creamy pasta dish filled layer by layer with refresh ingredients, topped with cheddar cheese.

Beetroot and Humous Salad Bowl (ve) 3.90

Diced beetroot on a bed of mixed salad leaves, tomatoes, cucumber and red onion served with a generous dollop of houmous.

Chicken & Bacon Caesar Salad Bowl (h) 4.00

A classic chicken salad recipe, featuring fresh crispy lettuce and a creamy, garlic dressing.

Afternoon Tea 8.50

A mouth-watering selection of sandwiches, cakes, and choice of hot drink. Please allow 48 hours notice.

SMALL & SIDE PLATES

Soup of the day (v) 2.00

Freshly homemade, please ask at the counter.

Add bread roll 50p each

Fish Finger Sandwich 3.70

Four fish fingers sandwiched between two soft, buttered slices of bread topped with tangy tartar sauce.

Sausage, Wedges & Beans 3.00

A succulent pork sausage served with wedges and a large spoonful of beans. Can be made vegan on request.

Potato wedges 1.50

Crispy and moreish.

Onion Bhaji 1.20

A lightly spiced, delicious snack.

Add side salad to any dish 70p

Homemade Coleslaw 30p

See our specials board.



We couldn't do the vital work we do without our volunteers, take a look at our latest opportunities...



Lunches



Selection of fresh breads available including gluten free.

SANDWICHES/SALADS/WRAPPS

PANNINI/TOASTIE

JACKETS

Cheese (v)	3.20
Just Chicken/Ham/Tuna with cheese 30p extra	3.50
Chicken Choose from BBQ or Peri Peri	3.70
Pan Fried Vegetables (ve) Peppers, M'rooms and Onion	3.60
Steak Canadian With caramelised onion	4.00
Ham & Cheese	3.80
Halloumi & Chilli Jam (v)	3.90
Beetroot and Humous Salad (ve)	3.90
Chicken & Bacon Caesar Salad	4.00

3.50

3.80

4.00

3.90

4.30

4.10

3.80
with beans 30p extra

4.10

4.30

4.20

4.60

Add side salad 70p
Extra items 30p



Your support means a lot to us and every penny makes a difference. Scan here to visit our donations page...



Drinks

HOT DRINKS

Latte	2.30
Cappuccino	2.30
Americano	2.00
Mocha	2.50
Syrups available on request.	40p a shot
Filter Coffee	2.00
Tea	1.50
Fruit Tea	1.80
Selection available	
Hot Chocolate	regular 2.30 small 1.50
Add cream and marshmallows	50p
Decaf available on all drinks. Milk alternatives available.	

SWEET & SAVOURY SNACKS

COLD DRINKS

All our smoothies and milkshakes can be made vegan on request.

Mango Smoothie	2.80
Mango, Mango Juice, Lemon Juice, Soft Brown Sugar	
Apple & Oat Smoothie	2.80
Apple, Banana and Oats	
Very Berry Smoothie	2.80
Strawberries, Raspberries and Milk	
Strawberry & Banana Smoothie	2.80
Strawberries and Bananas	
Milkshakes	3.00
Milk, cream and ice cream blended with Mars, Twix or Twirl	
Bottled Drinks	1.20
Canned Drinks	1.00
Fruit Shoots	80p

Selection of chocolate bars	from 75p
Selection of crisps	from 65p
Selection of cakes	from 1.20
